

## First Language Use in Second and Foreign Language Learning

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# **First Language Use in Second and Foreign Language Learning**

Edited by  
Miles Turnbull and  
Jennifer Dailey-O'Cain

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# ***Introduction***

MILES TURNBULL and JENNIFER DAILEY-O'CAIN

In recent years, the debate over target language and first language use in teaching and learning second and foreign languages has resulted in an extensive body of literature. Despite this surge in interest for this topic in the past 10 to 15 years, however, no single book, edited volume, or special issue of a journal has been published within that time period to unify what is known about this topic. Moreover, a majority of studies and articles relating to this topic have examined the issues from either a pedagogical perspective or from a sociolinguistic one; few have combined both perspectives. Consequently, the overall goal of this edited volume is to do just that. Drawing on sociolinguistic, pedagogical and critical theories, this volume offers new and fresh perspectives on an age-old and controversial issue in applied linguistics and language teaching by focusing on the use of the first language in communicative or immersion-type classrooms, situations where first language use is generally expected to be rare or nonexistent. Through this focus, the volume as a whole demands a reconceptualization of codeswitching as something which is natural for bilinguals to do – and not just proficient ones, but also aspiring ones – and classroom codeswitching as being inherently linked with bilingual codeswitching. Although the chapters in this volume explicitly explore these links to greater and lesser degrees, all of them cast the second-language learner in the communicative or the immersion classroom as a developing bilingual (Byram, 1997; Kramsch, 1993) rather than as a poor imitator of the monolingual native speaker, and by doing so, imply that selective and principled codeswitching in the second and foreign language classrooms can be seen as a reflection of what bi- and multilingual speakers do in everyday life.

While all authors fit within this core framework, the volume nonetheless presents contrasting views, both in terms of the amount of first language use that should be allowed and in terms of the communicative and pedagogical reasons for teacher and learner codeswitching. These contrasting views are not surprising, given that the authors come from

many different backgrounds and methodological traditions. We also anticipate that at least parts of the volume will be controversial for some readers. We expect, accept and encourage this controversy, since we believe that the resulting debate has the potential to lead to even further stimulating work. We therefore offer this volume up not as a definitive 'one true answer' to put a halt to this discussion once and for all, but as a state-of-the-art overview of where research in the field currently stands, and as a jumping-off point for further conversation and inquiry.

Finally, we would also like to stress very clearly up front that we do not equate the use of the first language in the second or foreign language classroom with passing out a license to overuse of the first language, that is, to become so dependent on the first language that teachers and learners cannot function in a second or foreign language classroom without it. Whatever benefits first language use may bring, it is clear that the ultimate goal of a second or foreign language classroom remains the learning of the target language; practices that undermine this ultimate goal must be avoided.

## **So Why the Controversy?**

It is perhaps unavoidable that many second and foreign-language educators and researchers have developed strong beliefs about the most effective way to master a language – beliefs that are not always grounded in theory or research. In some cases, official policies in certain language learning contexts that officially ban first language use by teachers and students may be the source of some of these strongly held beliefs. In other cases, beliefs that educated speakers, native speakers and advanced bilinguals do not and should not switch back and forth from one language to another may be the source. Many educators also believe that avoiding interference from the learner's first language is necessary in effective language teaching and learning, and these educators may believe that avoiding codeswitching is the only way to ensure that the learner's first language does not interfere with target-language development. For many second and foreign-language educators, any notion of first language use in language teaching and learning connotes the dreaded grammar-translation methods that communicative language proponents loathe – after all, unless it is compensated by further target-language talk, codeswitching reduces exposure to that all-important comprehensible input in the target language (Krashen, 1982). As this argument goes, codeswitching also detracts from opportunities for negotiating meaning while interacting with other learners or native speakers in the target language.

Target-language immersion programs may have also played a significant role in promoting exclusive target language use in second and foreign language teaching (McMillan & Turnbull, this volume). These programs, which originated in Canada, are cited by some as the most successful language programs ever (Krashen, 1984; Obadia, 1996), and a core principle of them is exclusive target language use. Due to the success of immersion programs in producing functionally bilingual graduates, we believe that many educators around the world cite this success as rationale to support exclusive target language use by teachers and students in second and foreign language teaching. Moreover, many curriculum developers and leaders in immersion education are rarely open to entertaining any discussion of codeswitching in these programs.

### **The Virtual Position and the Maximal Position**

As Macaro (2005) points out, there is a continuum of perspectives on target language and first language use. On one extreme, there is the position of exclusive use of the target language, which Macaro refers to as the virtual position. Proponents of the virtual position see no pedagogical or communicative value in the first language at all. These proponents draw on the L1 = L2 learning hypothesis (Ellis, 1986; Krashen, 1981); they argue that since the first language is the only language present during L1 acquisition, the second or target language should be the only language present or available when a second or additional language is acquired. Proponents of a virtual position also draw on Krashen's popular comprehensible input hypothesis (Krashen, 1982) which argues for exposing learners to a flood of comprehensible target-language input to ensure mastery of the target language. Further theoretical rationale for exclusive target language use is drawn from Swain's output hypothesis (Swain, 1985). This hypothesis recognizes the importance of comprehensible input for language learning, but argues that comprehensible input alone will not ensure mastery of the target language. Because Swain argues that learners need to speak and write in the target language in order to master it, proponents of extreme versions of the virtual position on target language use may argue that this speaking and writing must always and only be in the target language.

The virtual position's proponents may also cite studies that have shown that the amount of target language input does affect learners' target-language development (e.g. Larsen-Freeman, 1985; Lightbown, 1991; Liu, 2008; Turnbull, 2001). For example, Carroll (1975) and others (e.g. Burstall *et al.*, 1974; Wolf, 1977) have established a direct and positive correlation between learner achievement and teacher use of the target language.